



## **Bicycle Safety Tips from the Willoughby Hills Police Department**

Bicycle riding is fun, healthy, and good for the environment! Here are some important safety tips from the Willoughby Hills Police Department.

- \* Wear a properly fitted bicycle helmet.
- \* Always ride in the same directions as cars. NEVER ride against traffic.
- \* Stop at all stop signs and obey traffic signals just as cars do.
- \* Always stop and check for traffic in both directions when leaving a driveway, alley or curb.
- \* Yield to pedestrians, stop at red lights and be especially careful at intersections.
- \* Always walk a bike across a busy intersection using the cross walks and following traffic signals.
- \* Never change directions or lanes without first looking behind you and always use the correct hand signals.
- \* When passing other bikers or people in your path, always pass to their left and call out “on your left” so they’ll watch for you.
- \* When riding in a group, always ride in single file on the street.
- \* Do not ride too close to parked cars because doors can open suddenly.
- \* Never share the bike seat with a friend or ride on the handlebars. Only one person should be on single rider bike.
- \* Keep both hands on the handlebars.
- \* Do not wear headphones while biking.

The safest places for bicycle riding are on a dedicated bike path, in a park, or on the street where bicycles are expected to follow the same rules of the road as motorists and ride in the same direction.

Special care should be given to bike riders under 12 years old. They’re often not mature enough to make decisions to safely ride on their own, especially in the street. It’s recommend these young bike riders be accompanied by an adult or older sibling.