



# Lake County General Health District

**FOR IMMEDIATE RELEASE**  
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**LAKE COUNTY GENERAL HEALTH DISTRICT**

## **THE STATE OF EBOLA IN LAKE COUNTY**

In an effort to protect the public, Lake County General Health District (LCGHD) is closely monitoring Ebola around the state of Ohio and the world. A Lake County Ebola Task Force is being formed and will meet later this week with members from LCGHD, Lake Health, Lake County Fire Service, Lake County Law Enforcement, Lake County Coroner, Lake County Emergency Medical Service, Lake County Commissioners, and others to help in handling additional issues as they arise.

Currently, there are no suspect or confirmed Ebola cases in Ohio or Lake County. There are currently four individuals in Lake County who were on one of flights with the Dallas nurse who was recently diagnosed with Ebola. All four individuals have been in touch with Centers for Disease Control and Prevention (CDC) and LCGHD. They are taking their temperatures twice daily and reporting these temperatures to LCGHD for 21 days and may not leave the United States of America for 21 days. None of these individuals were seated within three feet of the Dallas nurse.

Ebola is a serious illness that is spread when a person comes in contact with the body fluids (blood, urine, stool, vomit, saliva, sweat, semen, or breast milk) of someone who is sick with the disease. Ebola is not spread through the air or through water. To date, no one has been able to spread Ebola until they start showing symptoms of the disease which are a fever of 100.4°F, severe headache, muscle pain, vomiting, diarrhea, stomach pain or unexplained bleeding or bruising.

To protect yourself from contagious diseases like Ebola it is important to wash your hands often with soap and water or use hand sanitizer. Also, every year in the United States, an average 5% to 20% of the population gets the flu and more than 200,000 people are hospitalized from it. Be sure to check out [www.flu.gov](http://www.flu.gov) and get your flu shot.

For more information on Ebola, visit the CDC's website at <http://www.cdc.gov/vhf/ebola/> and the Lake County General Health District's website at [lcghd.org](http://lcghd.org).

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