



## Lake County General Health District

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*Ron H. Graham, RD/RDN, LD, MPH, Health Commissioner*

**NEWS RELEASE**  
May 14, 2015

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**LAKE COUNTY GENERAL HEALTH DISTRICT**

### **JUST RUN® LAKE COUNTY TO HOST ITS 3<sup>rd</sup> ANNUAL 5K RACE**

JUST RUN Lake County will host its third annual 5K race on Saturday, May 30<sup>th</sup> at Fairport Harbor Lakefront Park Beach, 301 Huntington Beach Drive, Fairport Harbor, Ohio 44077. This year, 27 schools total more than 1,800 students who are training for and will run the 5K. Participating schools for 2015 include:

Bellflower Elementary School  
Buckeye Elementary School  
Deaf/KODA Group  
Fairfax Elementary School  
Grant Elementary  
Harding High School  
Hershey Montessori School  
Homeschool Running Group  
Hopkins Elementary School  
Jefferson Elementary School  
Kirtland Elementary School  
Lake Elementary School  
LaMuth Middle School  
Leroy Elementary School  
Madison Avenue Elementary School  
Maple Elementary School  
McKinley Elementary School  
Melridge Elementary School  
Memorial Middle School  
Mentor Christian School  
Mentor Running Club  
Orchard Hollow Elementary School  
Perry Local Schools  
Rice Elementary School  
South Elementary School  
Summit Academy  
Willo-Hill Christian School

JUST RUN Lake County is a school-based running program. Over the past six to eight week period, students across the county have been training to run in the JUST RUN Lake County 5K race. JUST RUN was designed to help schools and other youth organizations in the promotion of fitness and healthy lifestyle choices while fighting childhood obesity and its related illnesses. Not only does **JUST RUN** encourage physical activity, but it also promotes good citizenship, healthy eating, pride in accomplishment, and family involvement. All children have the opportunity to be successful, have fun, and adopt lifelong healthy habits thanks to our generous sponsors: United Way of Lake County, Lake Health, Willoughby-Cleveland ELKS Lodge #18, Care Source, Lake County Captains, Whole Foods, Lake Metroparks, and the Village of Fairport Harbor. For more information about JUST RUN Lake County or its 5K race, please contact Katelyn Coan at (440) 350-2971 or [kcoan@lcghd.org](mailto:kcoan@lcghd.org).

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